



# SPORTING INFLUENCE

Improving Social Skills Through Sport

## PE With Mr Whitford

This term Mr Whitford has been delivering a variety of sports and activities across the whole school.

Reception class have demonstrated brilliant determination throughout their lessons. They have developed a range of fundamental movement skills such as:

- Spatial awareness and moving into space
- Throwing and catching
- Agility and reactions
- Controlling an object when moving with it

Year 1&2 children have focused on Gymnastics and Net Wall games:

- Gymnastics – developed travelling ideas, making different shapes with their body, jumping and using apparatus such as benches and tables.
- Net Wall Games – developed skills used that can be transferred into games such as Badminton and Tennis. Worked on the Ready Position, hitting space and striking a ball.

Year 3&4 children have enjoyed working on Tennis and Gymnastics this term:

- Gymnastics - children have developed a range of rolls, partner balances and explored flight.
- Tennis – focus placed on striking the ball consistently into space, the forehand and introduction to the backhand.

Year 5&6 children have shown great determination in Gymnastics and Tennis.

- Gymnastics - children have explored different types of rotation, partner/group balances and flight.
- Tennis – focus placed on decision-making when playing a shot, the serve and game play.

Afterschool club has been Multi-Sports this term where we have played games such as Dodgeball, Handball, Cricket and Rounders.



*An example of a Fundamental Movement Skills game played with Class 1*



*The Pike shape children have made in Gymnastics*



*Children had the chance to use the tennis nets during their tennis lessons*



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[www.sportinginfluence.com](http://www.sportinginfluence.com)